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April 26, 2023

Dear Parent or Guardian:

As part of the State required curriculum, Florida statues require students receive comprehensive health education (Florida Statue 1003.46). As part of health education for grades 6-12, your child will receive instruction in family life and prevention and control of disease. Depending on your child’s grade level, topics may include:

- Personal Safety
- Human Reproduction and Childbirth
- Puberty
- HIV/AIDS and Sexually Transmitted Diseases (STDs)
- Abstinence
- Contraception and Pregnancy Prevention
- Healthy and Respectful Relationships
- Decision Making

Florida Statute Chapter 1014 and School Board Policy 5780.01 require that parents be provided the opportunity to preview materials. You are welcome to contact your child’s science teacher **to preview the lessons we’ll be teaching your student. The lessons are also available on the district website here: <https://www.leonschools.net/Page/54691>**

Parents/guardians have the option of “opting out” their child from any portion of human growth and development by making a written request to the school principal. If you are choosing to **OPT OUT** your child, please fill out the exemption form below, tear it off, and send it to your child’s science teacher. **Exempted students will not be penalized.** They will be sent to another room and given an alternative assignment.

Sincerely,  
Amy Alvis

**OPT OUT PORTION:** Only to be filled out if you **DO NOT want your child to participate** in health education. I wish for my child, \_\_\_\_\_, to be excused from the family life and prevention and control of disease instruction.

Parent/Guardian Signature

Date

2757 W. Pensacola Street, Tallahassee, FL 32304 • Phone (850) 487-7100 • [www.leonschools.net](http://www.leonschools.net)

*“The Leon County School District does not discriminate against any person on the basis of sex (including transgender status, gender nonconforming, and gender identity), marital status, sexual orientation, race, religion, ethnicity, national origin, age, color, pregnancy, disability, military status, or genetic information.”*

**Building the Future Together**

